Peace
IN THE CHAOS

A BIBLE STUDY FOR MOTHERS
RAISING CHILDREN WITH SPECIAL NEEDS

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CONTENTS

RISING ABOVE
MINISTRIES

INTRODUCTION & WELCOME

QUESTIONS TO DISCUSS

1. Describe your mental and emotional state in this season of life.
2. What are some things that are causing worry and anxiety in the hearts of people today?
3. Are you anxious/afraid or hopeful/peaceful as you look at your life and the life of your child with special needs?
4. What are things that you do personally that bring you peace?
5. What do you think robs you of your peace most often?
6. How does this lack of peace impact you personally? How does it impact those around you?
7. What do you hope to gain from being part of this study?

Each week of this study will include five days of meditation on and study of the Word of God to encourage you to dig deeper into what we discuss together as a group. These daily assignments will include opportunities for *Writing The Word, Worship, Response, Gratitude, and Purposeful Prayer*. Additionally, each week we will memorize a specific verse of scripture that affirms the truths we are focusing on for each session.

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SESSION ONE

Today I'm thankful for:

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Memory Verse:

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Notes:

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Prayer Requests:

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WEEK 1
We keep our peace by...
REMEMBERING WHO GOD IS.

Week One Memory Verse

PSALM 147:4-5 (NLT)
HE COUNTS THE STARS AND CALLS THEM ALL BY NAME.
HOW GREAT IS OUR LORD! HIS POWER IS ABSOLUTE! HIS
UNDERSTANDING IS BEYOND COMPREHENSION!

PSALM _____:4-5 (NLT)
HE COUNTS THE _____ AND _____ THEM ALL BY
_____. HOW _____ IS OUR _____! HIS
_____ IS ABSOLUTE! HIS _____ IS BEYOND
_____!

_____ (NLT)

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WEEK 1
We keep our peace by...
REMEMBERING WHO GOD IS.

WEEK ONE MEMORY VERSE
Psalm 147:4-5 (NLT)
He counts the stars and calls them all by name. How great is our Lord! His power is absolute! His understanding is beyond comprehension!

Day One
GOD IS EVERYWHERE.

Writing the Word: Psalm 139:7–10, Jeremiah 23:23–24

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Worship: Listen to *Psalm 23* by Shane & Shane.

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Day One
GOD IS EVERYWHERE.

Response: God is everywhere, and I am never away from His presence. Even in chaotic times, that knowledge gives me peace because...

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Gratitude:

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Purposeful Prayer:

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MINISTRIES

WEEK 1
We keep our peace by...
REMEMBERING WHO GOD IS.

WEEK ONE MEMORY VERSE
Psalm 147:4-5 (NLT)
He counts the stars and calls them all by name. How great is our Lord! His power is absolute! His understanding is beyond comprehension!

Day Two
GOD IS ALL-POWERFUL.

Writing the Word: Ephesians 1:15–21, Psalm 33:6

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Worship: Listen to *Bigger than I Thought* by Passion.

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Day Two
GOD IS ALL-POWERFUL.
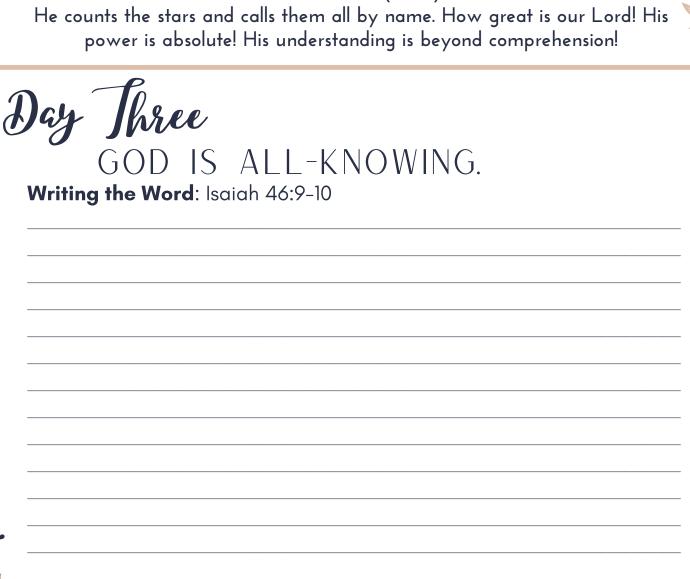
Response: Knowing that God is all-powerful reminds me that I can trust Him to handle...

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Gratitude:

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Purposeful Prayer:

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RISING ABOVE
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WEEK 1
We keep our peace by...
REMEMBERING WHO GOD IS.

WEEK ONE MEMORY VERSE
Psalm 147:4-5 (NLT)
He counts the stars and calls them all by name. How great is our Lord! His power is absolute! His understanding is beyond comprehension!

Day Three
GOD IS ALL-KNOWING.

Writing the Word: Isaiah 46:9-10

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Worship: Listen to _The God Who Sees_ by Nicole C. Mullen.

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Day Three
GOD IS ALL-KNOWING.

Response: Isaiah 46:10 reminds me that God knows the end from the beginning. As a special-needs mom, that brings me peace because...

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Gratitude:

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Purposeful Prayer:

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RISING ABOVE
MINISTRIES

WEEK 1

We keep our peace by...

REMEMBERING WHO GOD IS.

WEEK ONE MEMORY VERSE
Psalm 147:4-5 (NLT)
He counts the stars and calls them all by name. How great is our Lord! His power is absolute! His understanding is beyond comprehension!

Day Four

GOD IS FAITHFUL.

Writing the Word: Deuteronomy 7:9, 2 Timothy 2:13

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Worship: Listen to _Faithful Now_ by Vertical Worship.

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Day Four
GOD IS FAITHFUL.

Response: In the world today, so many people don't keep their promises. In contrast, I have seen God be faithful in my own life when He...

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Gratitude:

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Purposeful Prayer:

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WEEK 1
We keep our peace by...
REMEMBERING WHO GOD IS.

WEEK ONE MEMORY VERSE
Psalm 147:4-5 (NLT)
He counts the stars and calls them all by name. How great is our Lord! His power is absolute! His understanding is beyond comprehension!

Day five
GOD IS LOVING & KIND.

Writing the Word: 1 John 4:8, 1 John 4:16

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Worship: Listen to *Jesus Strong and Kind* by CityAlight.

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Day Five
GOD IS LOVING & KIND.

Response: In a world where love is conditional, God has shown His perfect love to me by...

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Gratitude:

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Purposeful Prayer:

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